

Ministry of Health,
National Unity Government of Myanmar



Three Years Activities Report

From (16-4-2021) to (16-4-2024)

TABLE OF CONTENT

Health Infrastructure	3	Mental Health Services	13
Healthcare Provision	3	Zero Suicide Campaign	14
Maternal and Child Health	5	Health Education	14
Human Resources for Health	6	Health Information Resources	15
Disaster and Emergency Response	7	Research and Development	16
Emergency Healthcare	7	Coordination with Federal Health Workforces	16
National Immunization Programme (NIP)	8	Medical Education	17
Communicable Disease Control	9	International Relations	17
School Health	9	CDM Medical Network	18
Nutrition	10	Health Financing	18
Rehabilitation and Prosthetics	11	Challenges	19
Telekyanmar Free Online Clinic	12	Conclusion	22



Health Infrastructure




Hospitals

77



Clinics

377




Mobile Clinics

250

Healthcare Provision

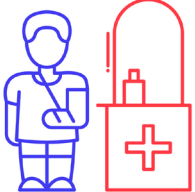
Emergency Healthcare Services

Surgeries and Referrals



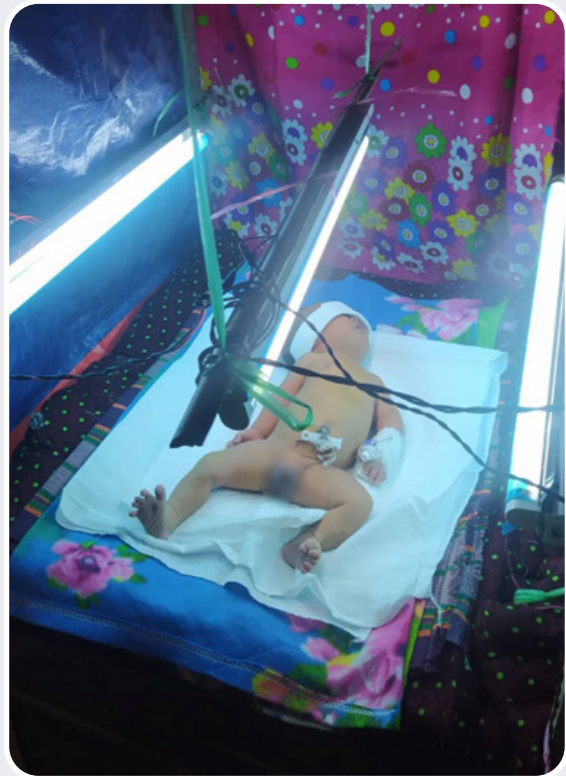
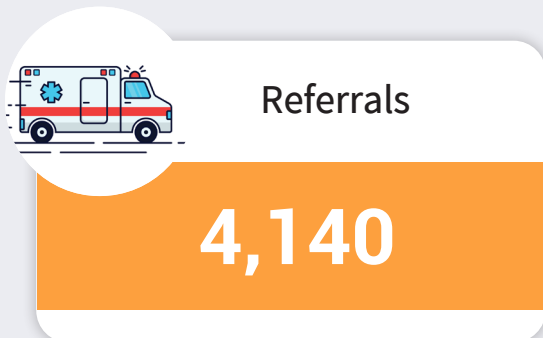
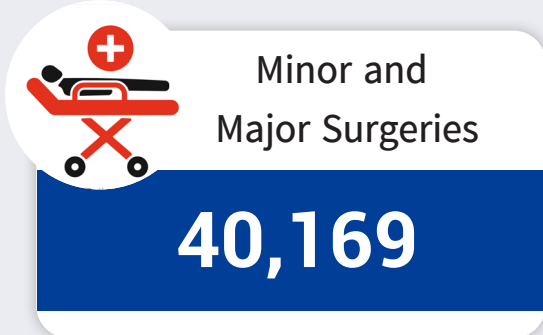
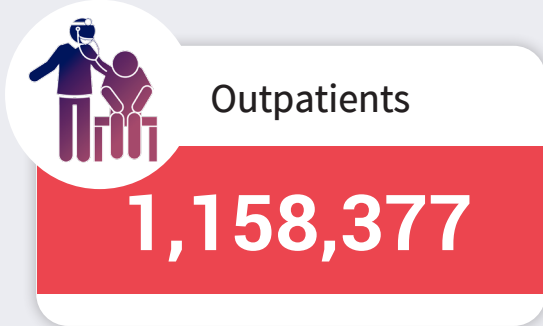
Primary Health Care

Outpatient (Clinics, Mobile Clinics)	Maternal, Child, and Reproductive Health, School Health, Communicable Disease Control (TB/HIV/Malaria), Nutrition, Immunization, Health Education.
---	--



Healthcare Provision

From April 2021 to March 2024



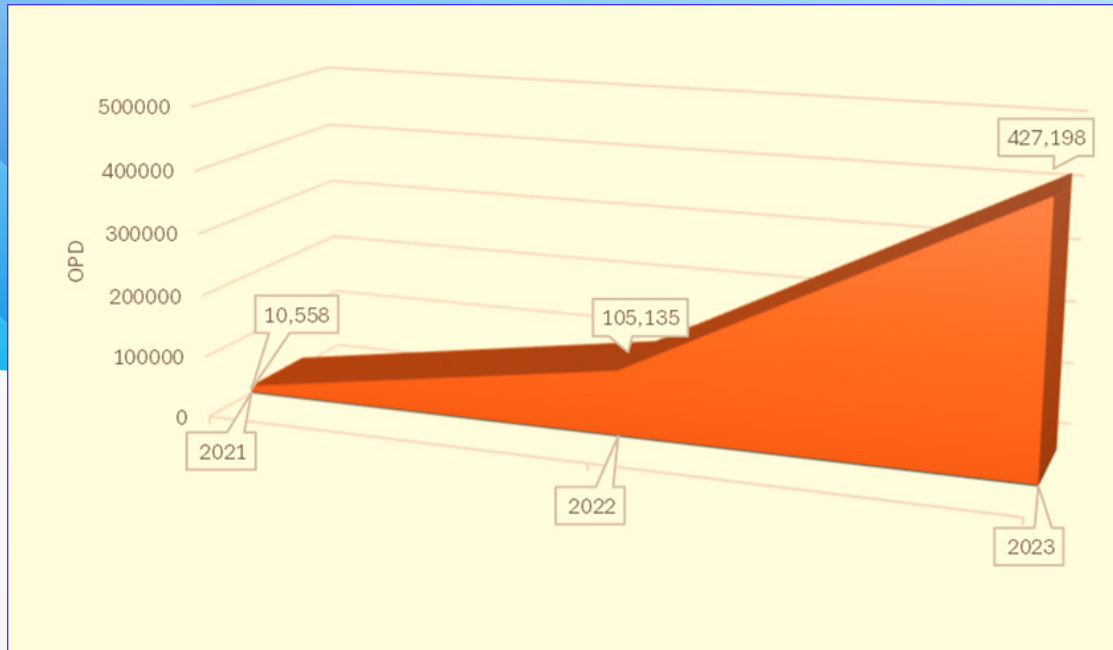
The numbers are based on data collected from 221 hospitals and clinics out of over 700 in existence.

The actual number of patients may be more than three times higher.



Outpatient care is increased approximately fourfold over the three years' period.

Increase in Outpatient Care Services in Sagaing Region from 2021 to 2023



Maternal and Child Health

From April 2021 to March 2024



Antenatal Care

23,588

Normal Deliveries

43,653

Cesarean Deliveries

4,974

Total Deliveries

48,627



Human Resources for Health

Ministry of Health (MOH) is primarily operating with Civil Disobedience Movement (CDM) health workers.



State Health Admin Team
(SHAT)

29 Officers



Township Health
Admin Team (THAT)

227 Officers

- MOH is working with a total of **(4,899) health workers**.
- Three rounds of recruitments of human resources for health were organised.
- MOH awards 50,000 kyats per month per person to ground health workers.
- MOH is cooperating with the Federal Health Professional Council, the Interim Federal Nursing and Midwifery Council, the Interim Federal Veterinary Council and the Interim Federal HA & PHS Association.



Disaster and Emergency Response



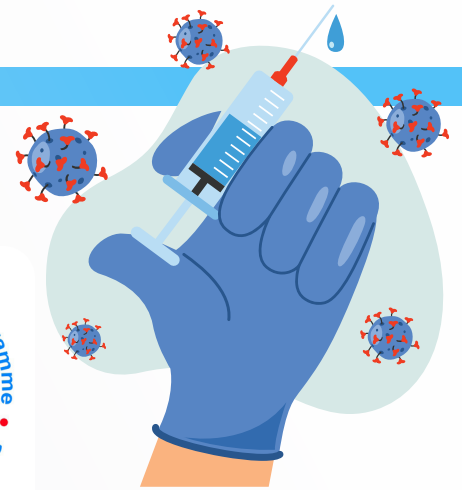
Emergency healthcare services were provided by means of **27 mobile clinics** in townships affected by the 2023 Cyclone Mocha.

Emergency Healthcare

- Weekly “Emergency Care in Spring Revolution” meetings for ground hospitals and clinics were carried out for 86 weeks. Management of difficult cases were discussed and necessary medical equipments were provided.
- Safehouse Patient Care Program, First Aid Training, Medic Training, Combat Casualty Care Training, Training on Public Awareness of Chemical Weapons, Training on Safe Handling of Explosive Devices were also conducted.



National Immunization Programme (NIP)



The National Immunization Programme (NIP) has taken significant steps to increase vaccine coverage in various regions over the last three years. Based on available resources, efforts have been expanded to further increase vaccine coverage in revolutionary controlled areas.

Routine immunization resumption projects and pilot projects are now being carried out in Karenni, Karen, Shan, Chin States and Tanintharyi, Sagaing and Magway Regions in coordination with related stakeholders.

The training programs such as Immunization in Practice and Cold Chain Key Person have been conducted to enhance the capacity of healthcare workers.

Communicable Disease Control



Operational guidelines for HIV/AIDS, tuberculosis and malaria were published, and drugs and equipment were purchased and distributed. TeleRed clinic was established for HIV/AIDS patients at the Telekyanmar (Telehealth) free online clinic.

School Health

- The School Health Department provided care services to **123,000 students** across **962 schools** in Karenni State, Shan (North) State, Tanintharyi Region, Chin State, Sagaing and Magway Regions from September 2022 to January 2024.
- Furthermore, first aid courses were conducted and emergency school medicine was distributed to **1,500 schools** in Sagaing and Magway Regions.



Trainings

School Health Virtual Trainings were conducted for volunteer teachers.



Nutrition

- Energy bars produced from locally available raw materials

in 2022

13,696

packs

in 2023

70,117

packs

were Distributed.

Providing nutrition training and technical support



Rehabilitation and Prosthetics

The financial support, and training for the rehabilitation services (encompassing prosthetics and prosthetic fitting) were provided. Rehabilitation centers were established in Karenni, Sagaing, Kachin, Karen, Shan North and Chin states



NORTHERN REHABILITATION CENTER

FREE PROSTHETIC LEG

For Everyone Beyond limitations

- Free enroll
- Free installation
- Free repairment
- Free of charge

Contact Us: northernrehab2023@gmail.com

A graphic advertisement for the Northern Rehabilitation Center. It features a blue and white color scheme. At the top, it says 'NORTHERN REHABILITATION CENTER' and 'FREE PROSTHETIC LEG'. Below that, it says 'For Everyone Beyond limitations'. There are four checkmarks in a list: 'Free enroll', 'Free installation', 'Free repairment', and 'Free of charge'. At the bottom, it says 'Contact Us: northernrehab2023@gmail.com'. There are also two circular images: one showing a person with a prosthetic leg and another showing a prosthetic leg component.

In 2023, with the support of an international organization, two trainings on prosthetic fittings were conducted for 26 participants, allowing them to receive practical training up to the level of producing and fitting prosthetics.



Telekyanmar

Free Online Clinic

Over the past three years, Telekyanmar free online clinics have **delivered more than 170,000 free consultations**, with the number of patient visits increasing **2.5 times**. Users span across **321 townships** in Myanmar and include Myanmar nationals from **47 countries abroad**.



Currently, Telekyanmar is providing online primary health care services through **8 General Primary Care Clinics** and **25 Specialty Clinics**.

Free clinic visit or booking on Telekyanmar –

 <https://m.me/telehealthmm>

 <https://t.me/TLKMReception>

Mental Health Services



Psychiatric Clinic

From June 2021 to February 2024

Mental Health Patients

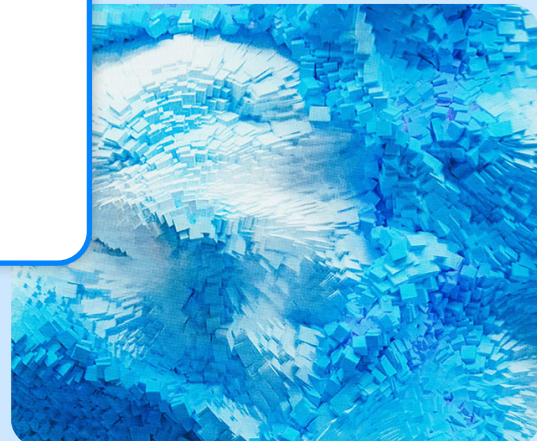
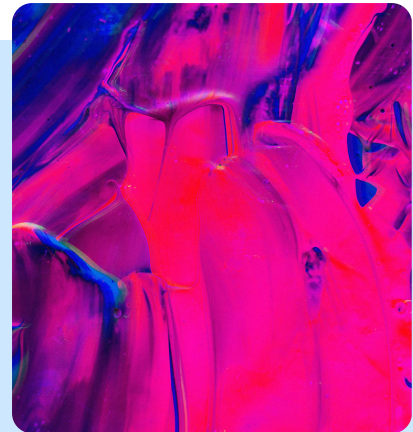
1,157

Number of Consultations

3,018

Primary Mental Health Clinic -

Established with trained General Practitioners and provided consultations to **(2,306) patients**. Psychosocial Support and Suicide Prevention Trainings were provided to **(168) CDM staff** from Ministries. **50 staff** are now serving as volunteers (Counselors) at “Suicide Prevention Hotline” after completing refresher trainings.



Zero Suicide Campaign

Suicide Prevention Hotline was established on 10th September 2023 as a new “Free of Charge” service of TeleKyanmar Clinic. From **over 900 consultation calls**, **87 individuals** requiring emergency mental health support and counseling were promptly referred to Psychiatric Clinics and Primary Mental Health Clinics for essential care.



Health Education

From March, 2021 to 30 March, 2024.

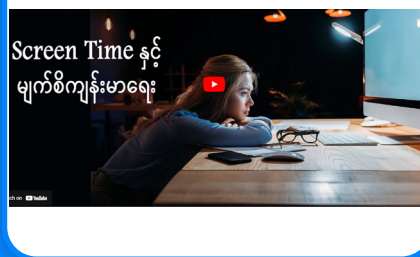
Health Education Posters/Messages

1,090



Health Education and Training Videos

547



Operation manuals for health workers

42





Health Information Resources


 NUG ကျန်းမာရေးဝန်ကြီးဌာန Website
<https://moh.nugmyanmar.org/>


 NUG ကျန်းမာရေးဝန်ကြီးဌာန Facebook Page
<https://facebook.com/MoHNUGMyanmar>

 တယ်လီကျန်းမာ Website
<https://telekyanmar.org>

 တယ်လီကျန်းမာ Facebook Page
<https://facebook.com/telehealthmm>

 တယ်လီကျန်းမာ Telegram Channel
<https://t.me/telekyanmarmoh>

 တယ်လီကျန်းမာ YouTube Channel
<http://www.youtube.com/@telehealthmm>

 COVID-19 ဗဟုသုတစင်တာ Facebook page
<https://facebook.com/ckcmohnugmm>



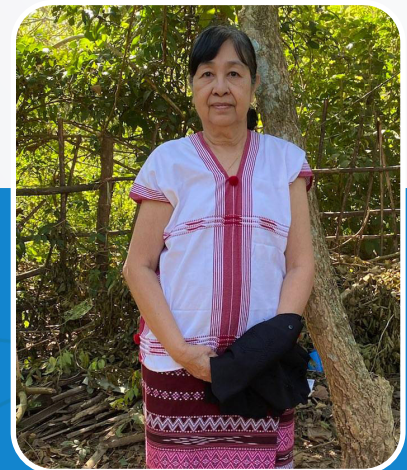
Research and Development



- Research and development trainings and seminars were provided.
- The Ethics Review Committee (ERC) of the Ministry of Health, the National Unity Government was formed on May 8, 2022.
(<https://moh.nugmyanmar.org/ethics-review-committee/>)
- In the wake of the 2021 military coup and amidst the surging third wave of the COVID-19 pandemic, the people of Myanmar endured severe consequences from the COVID-19 crisis. Their experiences were gathered via surveys and subsequently published in an international research journal.
(<https://doi.org/10.12688/f1000research.123450.2>)

Coordination with Federal Health Workforces

The Ministry of Health has been working on establishing a federal health system, involving staff within the ministry as well as inviting health workers from various ethnic areas. 14 training sessions on knowledge sharing and meetings were conducted within the year 2023 by inviting local and international experts.



MOH participated in the National Health Conference, 2021 and the National Health Seminar, 2022. The Ministry is also working together with the National Health Committee (NHC) and the Joint Coordination Committee (JCC) – Health of the NUCC.





Medical Education



Collaborating with interim councils of medical and medical-related universities and schools. The federal health online learning system has also been established.

International Relations



MOH has established dialogues and coordination platforms with the International Donors, UN Organizations, Partner Countries and Bilateral Organizations, and INGOs. This platform has bridged the technical and/or financial international support to the implementing health organizations across the country.





CDM Medical Network

- Currently, the number of health workers undergoing Civil Disobedience Movement (CDM) is **46,625**.
- The CDM Medical Network, in partnership with the Ministry of Health, facilitates CDM approval, provides psychosocial and financial support, develops income opportunities, and conducts other support activities on a daily basis.
- The Network was also actively involved in organizing the CDM Civil Servants Conference and is contributing to the development of the CDM bill.



Health Financing

- During the three-year period, **a total of more than 15 billion kyats** were utilized by the Ministry of Health for the purchase and distribution of medicines and medical supplies, as well as the construction and repair of hospitals. Additionally, funds were allocated for awarding money to ground health workers and supporting CDM health workers and health related activities in various states.

(Other international supports are not taken into account).

- The Ministry of Health has been providing a monthly stipend of 50,000 kyats per health worker on the ground. In 2023, a total of **1,681,600,000 kyats** was allocated for nine months of stipends. Efforts are underway to continue providing this support monthly throughout 2024.



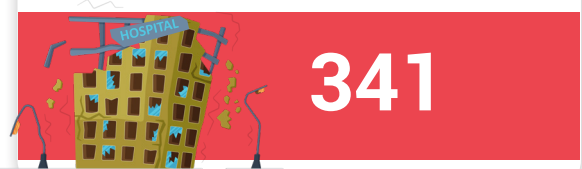
Challenges

From (1-2-2021) to (31-3-2024)

Challenges during this three-year period included **1,295 incidents of violence** by the terrorist Military Council on the health sector in Myanmar.



Health Facilities Damaged



Health Workers Killed



Health Workers Injured

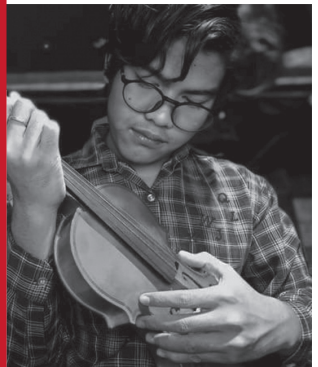


Source: <https://insecurityinsight.org/country-pages/myanmar>





Some Fallen Health Heroes



မဝင်းအိကျော်
(အသက် ၁၅ နှစ်)



မပပသိင်
(အသက် ၁၄ နှစ်)



မနိုင်နိုင်အောင်
(အသက် ၂၄ နှစ်)



မသစ်သစ်လှိုင်
(အသက် ၃၄ နှစ်)



ကိုဘုန်းကျော်
(အသက် ၁၇ နှစ်)



ကိုအောင်ကျော်မိုး
(အသက် ၂၅ နှစ်)



ကိုမိုးထောင်
(အသက် ၁၇ နှစ်)



ကိုမိုးငြိမ်း
(အသက် ၂၅ နှစ်)



ကိုသိန်းသန်းဦး
(အသက် ၂၁ နှစ်)



Challenges

- The terrorist Military Council has forcefully closed down private hospitals and confiscated business licenses.
- The terrorist Military Council has repeatedly attacked hospitals and clinics with airstrikes, worsening in 2023 and 2024.
- There are challenges in the procurement, distribution of medicines, medical supplies, and communication due to ongoing blockage of logistics means by the military council and catastrophic currency inflation.
- Some communicable diseases are re-emerging due to forced migration.



Conclusion

- Despite numerous challenges, the Ministry of Health will continue to make every effort to provide health services in collaboration with our heroic healthcare professionals, ethnic organizations, local groups, and the community.
- Until the military dictatorship is uprooted, we, along with the people of Myanmar, remain dedicated to restoring peace and establishing a Federal Democratic Union.

